

# Free 6-Week Online Caregiver Training



\*Register to receive  
log-in information.

## SAVVY Caregiver Program

**September 17 - October 22, 2024 | Tuesdays**  
**11:00 a.m. - 1:00 p.m.**  
**(Virtual Workshops - Microsoft Teams)**

**For People Who Care for Someone with a  
Dementia-related Illness**

The Savvy Caregiver Program is an evidence-based training provided over a six-week period for people who care for someone with dementia-related illnesses. Participants will gain:

- Personal knowledge, skills & caregiving perspective
- Skills to access abilities of their person with dementia
- Confidence to set and alter caregiver goals
- Strategies to manage activities of daily living

Contact Tiah Thompson to register:

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