



BRAIN HEALTH SEMINAR REVERSAL, TREATMENT, AND PREVENTION OF COGNITIVE DECLINE

**SEATING IS LIMITED!
To RSVP!
Call 941-955-9099**

**Wednesday, February 7
2:00 PM to 3:30 PM
Refreshments Served**

SEMINAR PRESENTER



**Agnes Lynch
Nurse Practitioner
Grey Matters
Precision Brain
Health Centers**

GreyMattersHealth.org

KEY TOPICS

- A New Approach to Brain Health
- Myths of Alzheimer's Disease and Dementia
- Understanding Your Brain Health
- How & When to Measure Your Brain Health
- Prevention and Reversal of Cognitive Decline

**Seminar Attendees Will Be
Invited to Participate in a Free
Follow-Up Montreal Cognitive
Assessment (MoCA Test).**

PROGRAM OVERVIEW

Join us for this seminar to learn more about an innovative approach to Brain Health and Cognitive Decline. Hear Agnes share about programs related to the clinic in Sarasota.

They are the first primary care clinic that focuses solely on maintaining and improving Brain Health.

Using Dr. Bredesen's protocols for the reversal, treatment, and prevention of cognitive decline, Grey Matters provides patients, caregivers, and families with a comprehensive approach to care.

They focus on cognitive decline, and, unlike other clinical specialties, treat the whole person with primary and integrative, evidence-based care.

Their clinic completes a thorough assessment and works with each patient, their family, and caregivers to develop a personalized care plan to address their total health, current cognitive status, and unique pathologies.



Program Courtesy of CornerstoneLifeCare.com

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