



**Join Us for a Lunch & Learn
REVERSAL, TREATMENT, AND
PREVENTION OF COGNITIVE
DECLINE**

Seating is Limited!
RSVP: shphoa.lindsey@gmail.com

**Thursday, September 28
12:45 to 2:00 PM**

SEMINAR PRESENTER



Dr. William Nields, M.D.
Medical Director for
Clinical Services in Florida
Grey Matters - Precision
Brain Health Centers
GreyMattersHealth.org

KEY TOPICS

- A New Approach to Brain Health
- Myths of Alzheimer's Disease and Dementia
- Understanding Your Brain Health
- How & When to Measure Your Brain Health
- Prevention and Reversal of Cognitive Decline

PROGRAM OVERVIEW

Join us for this seminar to learn more about an innovative approach to Brain Health and Cognitive Decline. Hear Dr. Nields share about programs related to the clinic in Sarasota.

They are the first primary care clinic that focuses solely on maintaining and improving Brain Health.

Using Dr. Bredesen's protocols for the reversal, treatment, and prevention of cognitive decline, Grey Matters provides patients, caregivers, and families with a comprehensive approach to care.

They focus on cognitive decline, and, unlike other clinical specialties, treat the whole person with primary and integrative, evidence-based care.

Their clinic completes a thorough assessment and works with each patient, their family, and caregivers to develop a personalized care plan to address their total health, current cognitive status, and unique pathologies.



Program Courtesy of CornerstoneLifeCare.com.

Sandhill Preserve Clubhouse • 11140 Sandhill Preserve Dr. • Sarasota, FL 34238 • (941) 706-1194