



**Lunch & Learn -- A Seminar About the Current Status,
Health Benefits, and Qualifying Process
for Medical Cannabis**

**Thursday, July 27, 2023
11:30 AM to 1:00 PM
At Sandhill Preserve on Palmer Ranch**

Agenda

Lunch

Courtesy of Alderman Oaks Retirement Center

Medical Cannabis Overview

Josephine Cannella-Krehl, Medical Cannabis Specialist

The Medical Cannabis Process

Dr. Robert "Jeff" Mara, Certified Medical Cannabis Physician

Medical Cannabis in Multi-Family Communities

Don Fitts, Cornerstone LifeCare/Alderman Oaks Retirement Center

Q & A



MMJ Knowledge, LLC
Just Say Know

Josephine Cannella-Krehl, MSW, LCSW

Medical Cannabis Specialist

Founder, MMJ Knowledge

Physician & Clinical Community Relations, The Flowery

Cornerstone LifeCare Consultant

Medical Cannabis Overview

- Update on the Medical Cannabis Industry in Florida
- Some of the Obstacles to People Considering Use of Medical Cannabis
- Defining CBD and Medical Cannabis
- Product Growing, Processing, Packaging, and Distribution



Dr. Robert "Jeff" Mara
Emergency Medicine Physician
Certified Medical Cannabis Physician

The Medical Cannabis Process

- The Relationship of Traditional Medicine to Medical Cannabis
- The Overall Role of a Certified Medical Cannabis Physician
- Types of Products and Means of Administration of the Products
- Where and How to Purchase Products Once You Have a Card
- The Review and Monitoring of Your Treatment Outcomes

Qualifying Conditions for Medical Cannabis

The following conditions are eligible to receive Medical Cannabis under Florida law:

- Cancer
- Crohn's Disease
- HIV
- AIDS
- ALS
- Multiple Sclerosis (MS)
- Parkinson's Disease
- PTSD (Post Traumatic Stress Disorder)
- Glaucoma
- Chronic Non-Malignant Pain (chronic pain not caused by cancer)
- Epilepsy/Seizures

***Other medical conditions which are "like or similar" to those listed above may also qualify.**

Getting Your Card

FLORIDA RESIDENTS:

- Call office for a free phone consultation to see if you qualify.
- Complete initial paperwork online before your appointment.
- Bring pertinent medical records relating to your qualifying condition.
- Bring Florida driver's license or state-issued ID as proof of Florida residency.
- Come to office for an in person physical examination by a qualified physician.
- Physician will make recommendation and enter you into the Florida medical marijuana use registry.
- Complete online application to state and pay the \$77.75 fee.
- Receive email from state to take to the dispensary to purchase your medical marijuana until your card arrives.

Getting Your Card

SEASONAL RESIDENTS:

- Any person who resides in Florida at least 31 consecutive days each year and maintains a temporary residence can obtain a Florida medical marijuana card if they have a qualifying condition. Such seasonal residents will need two of the following to prove residency: (no more than 2 months old).
 - Mortgage, rental, or lease agreement.
 - Recent utility bill.
- Mail from financial institution.
- Mail from government agency.

HOW TO BECOME A CERTIFIED CAREGIVER:



**Don Fitts, President and Co-Founder
Cornerstone LifeCare LLC**

**Director of Marketing
Alderman Oaks Retirement Center**



Medical Cannabis in Multi-Family Communities

- Apartments, Condominiums, Mobile Home Parks, Senior Living Communities
- Protocols For Use By Residents in Multi-Family Communities
- Protocols For Use By Employees in Multi-Family Communities

Contact Information

Josephine Cannella-Krehl, MSW, LCSW
MMJ Knowledge
Medical Cannabis Specialist
Physician & Clinical Community
Relations – The Flowery
Cornerstone LifeCare Consultant
850-653-6928
jokrehl@gmail.com
Josephine@theflowery.co
www.mmjknowledge.com
www.theflowery.co

Dr. Robert “Jeff” Mara
MaraCare Solutions
Emergency Medicine Physician
Certified Medical Cannabis Physician
941-227-2055
maracaresolutions@gmail.com
www.maracare.wixsite.com/website

Don Fitts
Alderman Oaks Retirement Center
dfitts7@gmail.com
www.aldermanoaks.com
Cornerstone LifeCare LLC
don.cornerstonelifecare@gmail.com
www.cornerstonelifecare.com
941-809-7298

THE FLOWERY
A Florida Cannabis Company
www.theflowery.co





Q & A