# Alzheimer's Disease is Treatable

Alzheimer's disease and cognitive decline are treatable! Today's research has identified multiple factors that contribute to Alzheimer's Disease and cognitive decline. Dale Bredesen, MD, co-founder and Chief Science Officer for Cognitive Health Centers pioneered this research and developed protocols to address the multiple factors which contribute to the development of Alzheimer's Disease and cognitive decline. At Cognitive Health Centers, we apply this evidence-based research in the treatment and prevention of Alzheimer's Disease, dementia and other cognitive decline issues.

# Schedule your appointment

Sarasota, FL 34236 941-529-0077 cognitivehealthcenters.com

# Cognitive Health Centers

Treatment for Alzheimer's Because something can be done...

# Who We Are

We are the first primary care clinic that focuses solely on preventing cognitive health decline and improving brain health. Using Dr. Bredesen's protocols for the reversal, treatment and prevention of cognitive decline, The Cognitive Health Centers provides patients, caregivers and families with a comprehensive approach to care. We focus on cognitive decline and, unlike other clinical specialties, we treat the whole person with primary and integrative evidenced based care. Our clinic completes a thorough assessment and works with each patient, their family and caregivers to develop a personalized care plan to address their total health, current cognitive status and unique pathologies.

DALE E. BREDESEN, MD
New York Times bestselling author of The End of Alzheimer's

The First
Survivors
of Alzheimer's

How Patients Recovered
Life and Hope

in Their Own Words

Our goal is to help our patients take control of their future.

# **Know Your Score**

At the Cognitive Health Centers, we measure your brain health to establish a baseline score, which allows us to periodically assess your progress, and to provide you with that information.

Knowing your brain health score is the first step to understanding your condition and establishing a customized plan of care for you.

### Prevention

If you have cognitive decline, or you are concerned about having cognitive decline, understanding your brain health score and risk factors that need to be managed can help with prevention. You do not need to experience cognitive decline. Dr. Bredesen's research shows tremendous results in helping people prevent cognitive decline and reverse early signs of Dementia.

# **Treatment**

With Dr. Bredesen's oversight, our team will complete a thorough assessment of your total health, cognitive status and unique pathologies, then develop a care plan personalized to you. We blend primary and integrative evidence-based care to treat you as a whole person, with ongoing support throughout your care plan.