



The Steps in a Personal Assessment with a Cornerstone LifeCare Consultant

Cornerstone LifeCare Clients

Our clients come from all walks of life. They may have several people involved in their care plan including adult children, family members, and friends. We can take the burden off these supporters. Cornerstone LifeCare specializes in serving out-of-town family members who assume responsibility for their relatives' care.

The Initial Meeting

A Cornerstone LifeCare Consultant will meet with the client and supporters to gather information on their health, living environment, general financial situation, and current medical providers. Evaluated items include physical capabilities such as mobility and ability to function in the home, living environment safety and accessibility, and overall personal requirements.

The Recommendations and Report

Following the initial meeting, the Cornerstone LifeCare Consultant will use their breath of experience to process the information. A report is written with specific recommendations including immediate action steps, such as a medical examination or more in-depth living environment review.

Aging in Place Vs. Senior Living Communities

Along with the written report the Consultant will discuss specific recommendations with the client and supporters. At Cornerstone LifeCare we have high quality, vetted service providers called Partners. A special benefit is the opportunity for personal introductions to these Partners. Living Environment recommendations may include Aging in Place Remodeling (often utilizing Universal Design Principles) and Senior Living Community Options such as Independent Living, Assisted Living or Memory Care. Personal Services recommendations guidance often involve areas such as home health, legal, financial, and medical needs.

Your One-Stop Resource for "Aging Well and in the Right Place"

Connecting ■ Serving ■ Building



Josephine Cannella-Krehl
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Cornerstone LifeCare
Consultant

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Josephine's Background & Experience

Josephine has a Master of Social Work degree from Florida State University and has been Licensed as a Clinical Social Worker in Florida for over 25 years.

She has done extensive work with Elder Care Communities, coordinating care for Elders, conducting biopsychosocial assessments, providing psycho-therapy and supportive services, as well as being an outspoken Advocate for the Rights of Florida's Elder population, ensuring their decision making authority is prioritized and honored.

Psychosocial Counseling & Therapy

Research indicates that social isolation and loneliness are linked with increased feelings of sadness, hopelessness and agitation. A variety of expected and unexpected life changes, like the death of a loved one or a change in living environment, can leave our Elders struggling with issues related to grief and loss.

Josephine expertly assesses her clients needs by conducting intake/diagnostic evaluations and providing clinically sound treatment services, remaining ever mindful of evolving and ongoing client needs.

She is passionate about providing supportive services to Elders, alleviating emotional distress, promoting social engagement and decreasing depression and anxiety in the clients she serves.

Based on her extensive experience in compassionate care and outstanding psycho-educational skills, she illuminates the path towards an increased quality of life and overall well being.

For more information, call (941) 809-7298, email don.cornerstonelifecare@gmail.com, or visit our website.