

First Step: Aging in Place Assessment with Cornerstone LifeCare Consultant

Cornerstone LifeCare Clients

Our clients come from all walks of life. They may have several people involved in their care plan including adult children, family members, and friends. We can take the burden off these supporters.

The Initial Meeting

A Cornerstone LifeCare Consultant will meet with the client and supporters to gather information on their health, living environment, general financial situation, and current medical providers. Evaluated items include physical capabilities such as mobility and ability to function in the home, living environment safety and accessibility, and overall personal requirements.

The Recommendations and Report

Following the initial meeting, the Cornerstone LifeCare Consultant will use their breath of experience to process the information. A report is written with specific recommendations including immediate action steps, such as a medical examination or more in-depth living environment review.

Follow-up Process

Along with the written report the Consultant will discuss specific recommendations with the client and supporters. At Cornerstone LifeCare we have high quality, vetted service providers and resources. Aging in Place living environment recommendations may include aging in place remodeling and senior living community options. Personal Services guidance often involve areas such as home health, legal, financial, and medical needs.

Ongoing Relationship

In addition, Cornerstone LifeCare Consultants are available for future service needs and Partner identification, as well as long-term, hands-on guidance.

Cornerstone LifeCare Education Series



Visit the Events Page on Our Website for the Schedule on Upcoming Forums, Conferences, Seminars, Workshops, and Special Events.

Your One-Stop Resource for "Aging Well and in the Right Place"

Connecting ■ Serving ■ Building

Cornerstone LifeCare Consultant



Virginia Stephens

**Gerontologist
Family Caregiver
Consultant
Certified Dementia
Practitioner (CDP)**

Virginia has been informing and guiding the public and her private clients for many years regarding the complexities of planning as they age.

Her mission is promoting, supporting, and providing access to Quality of Life for individuals and the community. She has a Master's education in Gerontology, and has continued over the past 20 years to participate in seminars and courses related to aging, Alzheimer's and dementia issues, and end-of-life challenges.

Virginia worked for Tidewell Hospice in Sarasota, Manatee, Charlotte and Desoto counties for a number of years.

More recently she has operated her own Consulting Service focusing on supporting Caregivers in the many challenges they face, including: assessing care needs, dynamics of dementia, housing transitions, end-of-life options and expectations, and accessing community resources.

**Call (941) 350-6791 or Email
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to Schedule an Appointment.**