



## The Steps in a Personal Assessment with a Cornerstone LifeCare Consultant

### Cornerstone LifeCare Clients

Our clients come from all walks of life. They may have several people involved in their care plan including adult children, family members, and friends. We can take the burden off these supporters. Cornerstone LifeCare specializes in serving out-of-town family members who assume responsibility for their relatives' care.

### The Initial Meeting

A Cornerstone LifeCare Consultant will meet with the client and supporters to gather information on their health, living environment, general financial situation, and current medical providers. Evaluated items include physical capabilities such as mobility and ability to function in the home, living environment safety and accessibility, and overall personal requirements.

### The Recommendations and Report

Following the initial meeting, the Cornerstone LifeCare Consultant will use their breadth of experience to process the information. A report is written with specific recommendations including immediate action steps, such as a medical examination or more in-depth living environment review.

### Aging in Place Versus Senior Living Communities

Along with the written report the Consultant will discuss specific recommendations with the client and supporters. At Cornerstone LifeCare we have high quality, vetted service providers called Partners. A special benefit is the opportunity for personal introductions to these Partners. Living Environment recommendations may include Aging in Place Remodeling (often utilizing Universal Design Principles) and Senior Living Community Options such as Independent Living, Assisted Living or Memory Care. Personal Services recommendations guidance often involve areas such as home health, legal, financial, and medical needs.

**Your One-Stop Resource  
for "Aging Well and  
in the Right Place"**  
Connecting ■ Serving ■ Building

### Your Consultant

**Julie Cook Downing**  
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Consultant

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## Assistance With Placement in Senior Living Communities

Once an Assessment with a **Cornerstone LifeCare Consultant** is completed and reviewed a typical outcome is the decision to either **Age in Place** or consider moving to a **Senior Living Community**.

Should a decision be made to explore a transition to one of many **Senior Living Community** options, we are here to help.

Our goal is to not only keep the needs and desires of the loved one in mind but fully consider the influence on family members, caregivers, friends, and other supporters.

Whether the choice is **Independent Living, Assisted Living, Memory Care, Skilled Nursing or Rehab** we have a dedicated group of trusted **Partners** that we feel are the best in the industry.

Our services include first meeting with you to discuss your needs and goals, then identify the appropriate communities to contact, schedule and accompany you on the site visit, help you with the decision making process, and then oversee the details of the transition. We also may refer you to other Partners that provide important services beyond the move.

We look forward to hearing from you to begin discussions towards making the right choices.

For more information, call (941) 809-7298, email don.cornerstonelifecare@gmail.com, or visit our website.