



The Steps in a Personal Assessment with a Cornerstone LifeCare Consultant

Cornerstone LifeCare Clients

Our clients come from all walks of life. They may have several people involved in their care plan including adult children, family members, and friends. We can take the burden off these supporters. Cornerstone LifeCare specializes in serving out-of-town family members who assume responsibility for their relatives' care.

The Initial Meeting

A Cornerstone LifeCare Consultant will meet with the client and supporters to gather information on their health, living environment, general financial situation, and current medical providers. Evaluated items include physical capabilities such as mobility and ability to function in the home, living environment safety and accessibility, and overall personal requirements.

The Recommendations and Report

Following the initial meeting, the Cornerstone LifeCare Consultant will use their breath of experience to process the information. A report is written with specific recommendations including immediate action steps, such as a medical examination or more in-depth living environment review.

Follow-up Process

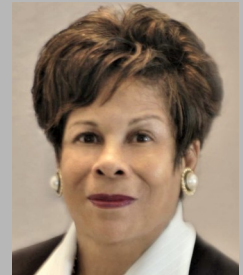
Along with the written report the Consultant will discuss specific recommendations with the client and supporters. At Cornerstone LifeCare we have high quality, vetted service providers called Partners. A special benefit is the opportunity for personal introductions to these Partners. Living Environment recommendations may include aging in place remodeling and senior living community options. Personal Services guidance often involve areas such as home health, legal, financial, and medical needs.

Ongoing Relationship

In addition, Cornerstone LifeCare Consultants are available for future service needs and Partner identification, as well as long-term, hands-on guidance.

**Your One-Stop Resource
for "Aging Well and
in the Right Place"
Connecting ■ Serving ■ Building**

**Your Cornerstone
LifeCare Consultant**



**Julie Cook Downing
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Creations, LLC**

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**Julie Specializes in Aging in Place
Services such as Universal Design
along with Guiding Family Transitions
into Senior Living Communities.**

Since 1996, Julie has been involved with "Aging Well and In the Right Place" with her own family members as a result of her mother being diagnosed with Alzheimer's. Julie has been involved with ALL aspects of Senior living with her family members including Independent Living, Assisted Living, Memory Care, and Skilled Nursing.

As an expert facilitator for Caregiver Support Groups, she has unique opportunities to regularly discuss the subject of "Aging Well and in the Right Place" with those attending. Her positive impact and depth of experience personally and with other Caregivers provides Julie with an exceptional ability to guide and direct those needing help. When involved with clients, Julie focuses on both the patient and the patient's family so that both have the best chance for satisfaction with solutions.

Julie is a valuable resource to assist in the often challenging and confusing process of making life decisions for yourself or your loved ones because of her endurance, strength, empathy, and compassionate realism. She understands how overwhelming it can be to take responsibility for making decisions about what to do, where to live, and the best match with personal service providers.

For more information, call (941) 809-7298, email don.cornerstonelifecare@gmail.com, or visit our website.