

# DSCA Forum on Brain Health

## Achieving Lifelong Cognitive Performance

### Join Us for the DSCA Forum on Brain Health

Hear insights by area experts,  
followed by a panel discussion on  
topics related to overall Cognitive  
Aging, Brain Health and Performance.

**Thursday, July 21, 2016**  
**Buffet Lunch Included**  
**At The Ritz-Carlton, Sarasota**  
**1111 Ritz Carlton Drive**

**10:00 AM:** Registration, Check-in  
and Sponsor Displays  
**11:00 AM:** Segment 1 Presentations  
**12:15 PM:** Buffet Lunch and Sponsor  
Displays  
**1:15 PM:** Segment 2 Presentations  
**2:00 PM:** Panel Discussion  
**2:30 PM:** Closing Remarks

### FORUM SPONSORS

Visit displays and meet with many local  
service providers to discuss the key issues  
in Achieving Lifelong Cognitive Performance.

See Sponsor Listing on Back of this Flyer

### INFO & REGISTRATION

Registration Fee: \$25.00 for DSCA Members  
and \$30.00 for Non-Members (Valet Parking  
Included).

For more info call (941) 357-6224. To  
Register, go to the DSCA website and look  
for event instructions.

[www.downtownsarasotacondoassoc.com](http://www.downtownsarasotacondoassoc.com)

### FORUM PRESENTERS



**John McCarthy**  
Executive Director, SCOPE  
Sarasota County Openly Plans  
for Excellence

Forum MC & Panel Facilitator



**Dr. Alan Grindal, Neurologist**  
Sarasota Memorial Health  
Care System Memory Clinic

Topic: The Cognitive Aging  
Process



**Dr. Cheryl Brandi ARNP**  
Roskamp Institute  
Nurse Practitioner & Educator

Topic: Research and Future  
Possible Brain Health Treat-  
ments



**Peggy Sealton, Author**  
Stonewater Studio

Topic: Supercharge Your Life  
with Natural Anti-Aging Strate-  
gies to Improve Brain Health



**Dr. Jack Wazen, Partner**  
Silverstein Institute  
VP and Director of Research  
Ear Research Foundation

Topic: How Hearing Loss  
Affects Brain Health



**Nicci Kobritz, President**  
Center for Brain Health &  
Youthful Aging Home Health

Topic: Medical Lifestyle  
Interventions for Brain Health



**Kathleen Housewart, MBA**  
Geriatrics Specialist

Topic: Practical Considera-  
tions for Brain Health &  
Successful Aging in Place

**Many Thanks to the Local Service Providers Who Are Supporting DSCA in Presenting Our Educational Forums to the Community**

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