

# WHY DO WE FEAR AGING? THEORIES AND EXPLANATIONS

August 30 • 1-2:30 pm • \$25

Friendship Centers, 1900 Brother Geenen Way, Sarasota



We all fear growing old but it doesn't have to be that way. In this provocative class Dr. Tamar Shovali, Assistant Professor at Eckerd College, explains why so many people in the U.S. report their biggest fear is growing old. Participants will be introduced to the psychological principles of adult development, aging from a physiological perspective and typical and atypical aging processes.

**To register, call 941.556.3263, or register online at [centerforagingstudies.org](http://centerforagingstudies.org) to receive a 20% discount.**

*Class 20-612190 is approved by the Board of Clinical Social Work, Marriage and Family therapy, Mental Health Counseling and Master Social Work for one CEU. This class is also open to the local community.*

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This series is offered as a package of four for \$79 or as individual classes for \$25 each, which includes a healthy lunch. Call 941.556.3263 for more info.



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