

DSCA Forum on Brain Health

Achieving Lifelong Cognitive Performance

Join Us for the DSCA Forum on Brain Health

Hear insights by area experts, followed by a panel discussion on topics related to overall Cognitive Aging, Brain Health and Performance.

Thursday, July 21, 2016 Buffet Lunch Included At The Ritz-Carlton, Sarasota **1111 Ritz Carlton Drive**

- 10:00 AM: Registration, Check-in and Sponsor Displays
- 11:00 AM: Segment 1 Presentations
- 12:15 PM: Buffet Lunch and Sponsor Displays
 - 1:15 PM: Segment 2 Presentations
 - 2:00 PM: Panel Discussion
 - 2:30 PM: Closing Remarks

FORUM SPONSORS

Visit displays and meet with many local service providers to discuss the key issues in Achieving Lifelong Cognitive Performance.

INFO & REGISTRATION

Registration Fee: \$25.00 for DSCA Members and \$30.00 for Non-Members (Valet Parking Included).

For more info call (941) 357-6224. To Register, go to the DSCA website and look for event instructions.

John McCarthy

FORUM PRESENTERS



Executive Director, SCOPE Sarasota County Openly Plans for Excellence

Forum MC & Panel Facilitator



Dr. Alan Grindal, Neurologist Sarasota Memorial Health **Care System Memory Clinic**

Topic: The Cognitive Aging Process



Dr. Cheryl Brandi ARNP Roskamp Institute Nurse Practitioner & Educator

Topic: Research and Future Possible Brain Health Treatments

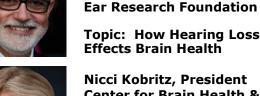


Peggy Sealfon, Author **Stonewater Studio**

Dr. Jack Wazen, Partner Silverstein Institute

Topic: Supercharge Your Life with Natural Anti-Aging Strategies to Improve Brain Health





Topic: How Hearing Loss **Effects Brain Health** Nicci Kobritz, President

VP and Director of Research

Center for Brain Health & Youthful Aging Home Health

Topic: Medical Lifestyle Interventions for Brain Health

Kathleen Houseweart, MBA **Geriatrics Specialist**

Topic: Practical Considerations for Brain Health & Successful Aging in Place