

DSCA Forum on Brain Health

Achieving Lifelong Cognitive Performance

Join Us for the DSCA Forum on Brain Health

Hear insights by area experts,
followed by a panel discussion on
topics related to overall Cognitive
Aging, Brain Health and Performance.

Thursday, July 21, 2016
Buffet Lunch Included
At The Ritz-Carlton, Sarasota
1111 Ritz Carlton Drive

**10:00 AM: Registration, Check-in
and Sponsor Displays**
11:00 AM: Segment 1 Presentations
**12:15 PM: Buffet Lunch and Sponsor
Displays**
1:15 PM: Segment 2 Presentations
2:00 PM: Panel Discussion
2:30 PM: Closing Remarks

FORUM SPONSORS

Visit displays and meet with many local
service providers to discuss the key issues
in Achieving Lifelong Cognitive Performance.

INFO & REGISTRATION

Registration Fee: \$25.00 for DSCA Members
and \$30.00 for Non-Members (Valet Parking
Included).

For more info call (941) 357-6224. To
Register, go to the DSCA website and look
for event instructions.

www.downtownsarasotacondoassoc.com

FORUM PRESENTERS



John McCarthy
Executive Director, SCOPE
Sarasota County Openly Plans
for Excellence

Forum MC & Panel Facilitator



Dr. Alan Grindal, Neurologist
Sarasota Memorial Health
Care System Memory Clinic

Topic: The Cognitive Aging
Process



Dr. Cheryl Brandi ARNP
Roskamp Institute
Nurse Practitioner & Educator

Topic: Research and Future
Possible Brain Health Treat-
ments



Peggy Sealton, Author
Stonewater Studio

Topic: Supercharge Your Life
with Natural Anti-Aging Strate-
gies to Improve Brain Health



Dr. Jack Wazen, Partner
Silverstein Institute
VP and Director of Research
Ear Research Foundation

Topic: How Hearing Loss
Effects Brain Health



Nicci Kobritz, President
Center for Brain Health &
Youthful Aging Home Health

Topic: Medical Lifestyle
Interventions for Brain Health



Kathleen Houseweart, MBA
Geriatrics Specialist

Topic: Practical Considera-
tions for Brain Health &
Successful Aging in Place